

“Escape From Alcatraz”

Heb. 12:1-3

Listed are seven possible "Psychological Alcatraz's" or seven self-imposed prisons.

1. Fear of People Slavery:

- A. Don't copy someone else, for they are followers and not leaders.
- B. The more you grow the more critics you will have. *Rom. 8:37*
- C. Choose friends and advisors from positive people.

2. Fear of Failure Slavery:

- A. Learn to build yourself up instead of down.
- B. Think success and not failure. *Pro. 23:7*
- C. Think, I am a winner. *Ps. 118: 6, 7*

3. Fear of Time Slavery:

- A. Tell yourself you're sick of being sick and tired of being tired.
- B. Decide to live until you die.

4. Fear of Insecurity Slavery:

- A. Enroll or check into an institution.
- B. Study to improve yourself.
- C. Have a P.M.A. and dare to take a chance.
- D. You are created to climb not crawl. *Isa. 40:31*

5. Fear of Past Mistakes Slavery:

- A. Mistakes can be an education.
 - (a) Thomas Edison said, "I have found 1000 ways not to make a light bulb."
- B. Winning or losing is a state of mind. *Matt. 26:11*
- C. Anyone can capitalize on their gains.
- D. But can you profit from your loses?

6. Fear of Being Trapped by Our Environment:

- A. Break loose from imagined reactions of others. *Acts 9:10-14*
- B. Make the decision to control your environment.

7. Fear of Closet Skeletons Slavery:

- A. Just simply bury them.
- B. Stop trying to hid your skeletons.
- C. Learn to control your memory bank.